

BREAKFAST MENU

8am – 10:30 am



- Mimosas and Marys
- Straight Mimosa - \$5.00
 - Sunrise Mimosa - \$6.00
 - Bloody Mary - \$6.50
 - Spicy Mary - \$6.50
 - Vegan Mary - \$4.99



Hot Beverages

- Coffee - Blue Mountain \$3.5
- Cappuccino - \$5.00
- Latte - \$5.00
- Espresso - \$2.50
- Mochachino - \$5.00
- Frappuccino - \$5.00
- (with rum cream) - \$8.00
- French Press - \$8.00
- Milo - \$1.25

Teas - Organic \$1.50

- Mint
- Wild Berry
- Chamomile
- Green tea
- Bombay Chai
- Ginger
- Earl Grey



Hot beverages served with:

Brown sugar, Stevia, Condensed milk, Cream, or Milk

Cold Beverages

- Orange or Pineapple Juice - \$3.00
- Fruit Punch \$4.00
- Fruit Smoothie \$5.00 (no sugar added)

Eggs, Omelettes & Others

Get Egggy - \$5.00

Two eggs any style served with 2 strips of bacon or sausages with 2 slices of toast.

Vegetable Omelette - \$7.00

Onions, tomatoes, scallions, spinach/callaloo, bell peppers, basil with or without cheese. Served with Breakfast Potatoes or 2 slices of toast.

Spanish Omelette - \$9.99

Carmelized onions slow cooked with potatoes and veggies. Served with Breakfast Potatoes or 2 slices of toast.

Cheesy Omelette - \$7.99


Three-cheese blend with tomatoes, onions, scallions and seasoned to perfection. Served with Breakfast Potatoes or 2 slices of toast.

Ham & Cheese Omelette - \$9.00

Diced ham with three-cheese blend, tomatoes, onions, scallions. Served with Breakfast Potatoes or 2 slices of toast.

Porkfest Omelette - \$10.00

Sausage, bacon, ham sauteed with tomatoes, onions, scallions, bellpeppers. Served with Breakfast Potatoes or 2 slices of toast.

Heart Healthier Omelette - \$9.00 

Egg whites, diced onions, tomatoes, scallions, garlic, spinach, parsley. Served with 2 slices of whole wheat toast.

Lobster Omelette - \$11.00 (seasonal). Option-Shrimp

Eggs Benedict - \$10.00

English muffin topped with 2 poached eggs and ham or lobster with savoury hollandaise sauce. Served with sliced tomatoes, Breakfast Potatoes or toast.

Chicken & Waffle - \$6.99

One golden belgian waffle served with chicken tenders and sauce.

Pancakes

Honey pancake - \$6.00

3 buttermilk pancakes (plain, chocolate chip or banana) drizzled with honey and cinnamon. Served with slices of sweet ripened banana.

French Toast - \$7.00

Four slices of french toasts in maple syrup. Served with strawberry, mango, pineapple or chocolate puree.

SIDES 

Toast (\$.99), Egg (\$1.5), Muffins (\$3), Bacon (\$2), Ham (\$2), Pancake (\$.99), French toast (\$1.99), Fruit Plate (\$3.99) Breakfast potatoes (hash Brown) \$2.50

LOCAL FARE

Ackee and Saltfish - \$9.00

Sauteed with tomatoes, onions, green peppers, and served with fried or boiled dumplings, green banana and yam.

Callaloo and Saltfish - \$9.00

Callaloo steamed down in saltfish with tomatoes, onions, green peppers, scallions and served with fried or boiled dumplings, green banana and yam.

Brown Stewed Fish - \$14.00

Whole fish slow steamed in caramelized onions, scallions, garlic, tomatoes and okra (seasonal). Served with fried or boiled dumplings, green banana and yam.

Pan Fried or Escoveitched Snapper - \$22.00

Whole fish seasoned, deep fried and topped with onion rings or spicy escovitched sauce. Served with festival or fried dumplings.

Steamed snapper \$20.00 

Your choice of whole or fillet, seasoned with herbs and spices then steamed in coconut milk. Served with fried or boiled dumplings, green banana and yam.

Strictly Vegan - \$8.00 

Callaloo and Cabbage steamed together in homemade seasonings and served with yam and green banana.

All prices are quoted in US\$. GCT 15%+10% service charge+3.5% credit card charge not included in above prices.